What's a street (activist) medic?

Support people for demonstrations, marches, & actions with at least basic first aid training (though often more & more varied) and a strong emphasis on consent and anti-oppression. We are here to help liberation movements sustain themselves by providing them with emotional & physical first aid & aftercare—emphasizing self-care, sharing of knowledge, and mutual aid.

Things we do:
- provide whatever care we are trained & capable in [May include: giving water/food, treating crewd- or police- inflicted injuries, emotional care, or treating unrelated illnesses]
- find more (or other) help when needed or asked
- advocate for patients in interactions with medical & other establishments

Things we do NOT do:
- force care (ours or anyone else's) on a non-consenting patient
- act outside our training, abandon patients, or inflict harm
- cooperate or share info with the police, ICE, or other authorities that may harm patients

Ways to help yourself
- Drink adequate water, eat adequate food
- Dress to stay warm & dry; be real about your needs
- Move in buddy pairs/trios, even within larger groups; check in with each other frequently
- Avoid substances & situations that may unduly endanger you at demos
- leave contacts & oily lotions at home; bring your inhaler

Ways to Help Street Medics (so we can help you!)
- Spread calm – please do not spread rumors; running can also spread panic
- Communicate your needs. Early—before problems become serious
- Shout “medic!” when you or your friends need urgent help
- Form a privacy circle or otherwise make space for medics to provide care safely & privately
- Photograph police, not patients
- Practice good self-care & encourage your friends to do the same

THE # 1 WEAPON OF THE POLICE IS FEAR

www.rosehipmedics.org
rosehipmedics@gmail.com
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